

Healthier Food Choices For Kids

Why carry Funster Natural IQF potato letters?

- Better food choices for concerned consumers
- No preservatives – No additives
– No trans fats – Gluten-free
- Unique food solutions for parents
- All-natural seasonings
- Concern over childhood obesity
- Have your own private label
- Fast growing & profitable!



funsterfoods.com





Actual Size: 1.5"
 Ingredients:
 Potatoes, Filtered
 Water, Canola Oil,
 Starch, Sea Salt



Baked not fried. NO trans fat!



PREPARATION

Oven /Toaster Oven:
 Pre-heat to 475°F (250°C). Place Funster Fries on baking sheet and bake until golden brown, about 10 minutes. Baking time will depend on the equipment.

Frying Pan:
 Fry both sides for 2 minutes

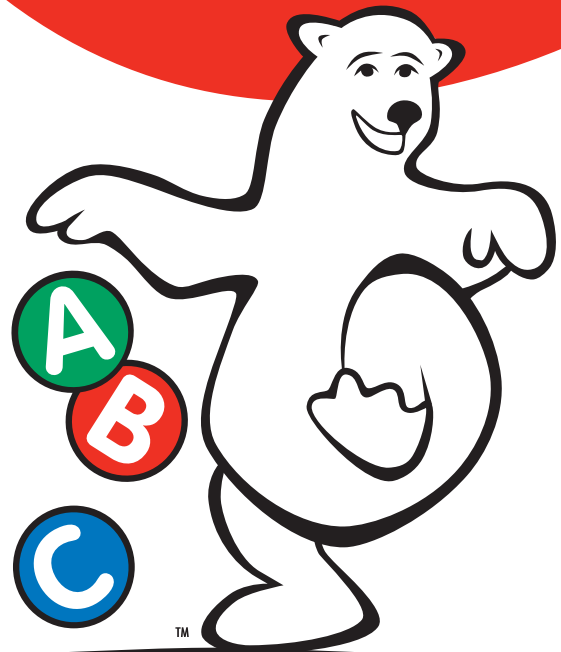
Deep Fryer:
 Cook for 1 1/2 minutes at 360°F (180°C).

Grilling:
 Grill both sides until golden brown.

NUTRITION FACTS			
Serving Size	3 oz (85g) or about 14 letters		
Servings per Container:	Depends on Container Size		
AMOUNT PER SERVING			
Calorie	135	Calories from Fat 34	
% Daily value*			
TOTAL FAT	3 g	6 %	
Saturated Fat	0 g	2 %	
Trans Fat	0 g	0 %	
CHOLESTEROL	0 mg	0 %	
SODIUM	230 mg	9 %	
TOTAL CARBOHYDRATE	25 g	8 %	
Dietary Fibre	2 g	7 %	
Sugars	less than 1 g		
PROTEIN	2 g		
Vitamin A	0 %	Vitamin C 3 %	
Calcium	2 %	Iron 3 %	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than 65 g	80 g	
Saturated Fat	Less than 20 g	25 g	
Cholesterol	Less than 300 mg	300 mg	
Sodium	Less than 2,400 mg	2,400 mg	
Total Carbohydrate	300 g	375 g	
Dietary Fibre	25 g	30 g	
Calories per gram:			
Fat	9	Carbohydrate 4	Protein 4

At Funster Natural Foods we know frozen foods!
 We've been suppliers to Specialty Food Retailers
 and Premium Foodservice providers in the US,
 Canada and export markets - for over 40 years.

Funster Fries are the original potato letters
 that kids love – great tasting and healthy.
 Funsters are natural, with no preservatives,
 no additives and no trans fats. For kids,
 learning their ABCs has never
 been more fun!



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