

Healthier Food Choices For Kids

Why carry Funster Natural IQF potato letters?

- Better food choices for concerned consumers
- No preservatives – No additives
– No trans fats – Gluten-free
- Unique food solutions for parents
- All-natural seasonings
- Concern over childhood obesity
- Have your own private label
- Fast growing & profitable!



funsterfoods.com





Actual Size: 1 1/2"

Ingredients:
Potatoes, Filtered
Water, Canola Oil,
Starch, Sea Salt



Baked not fried. NO trans fat!



PREPARATION

Oven /Toaster Oven:
Pre-heat to 475°F (250°C). Place Funster Fries on baking sheet and bake until golden brown, about 10 minutes. Baking time will depend on the equipment.

Frying Pan:
Fry both sides for 2 minutes

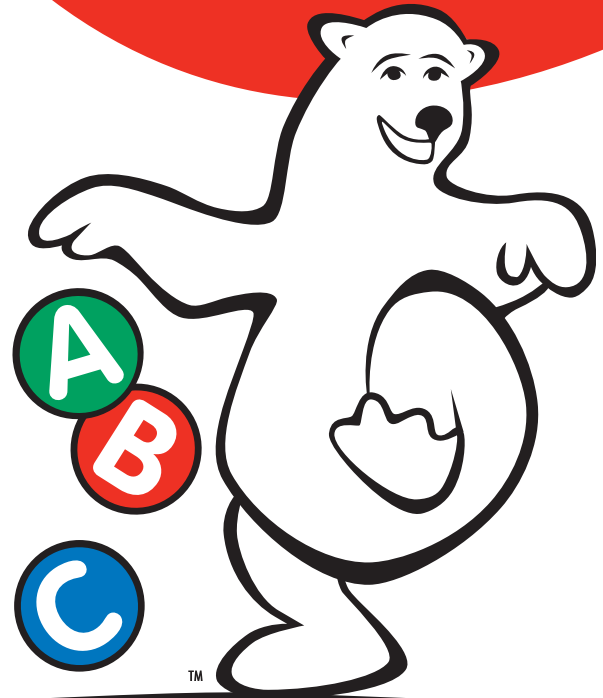
Deep Fryer:
Cook for 1 1/2 minutes at 360°F (180°C).

Grilling:
Grill both sides until golden brown.

NUTRITION FACTS		
Serving Size	100 g (3.5 oz.) or about 16 letters	
Servings Per Container	Depends on container size	
AMOUNT PER SERVING		
Calorie 160	Calories from Fat	40
% Daily value*		
TOTAL FAT	4 g	7 %
Saturated Fat	0 g	2 %
Trans Fat	0 g	0 %
CHOLESTEROL	0 mg	0 %
SODIUM	270 mg	11 %
TOTAL CARBOHYDRATE	29 g	10 %
Dietary Fibre	2 g	8 %
Sugars	less than 1 g	
PROTEIN	2 g	
Vitamin A	0 %	Vitamin C 4 %
Calcium	2 %	Iron 4 %
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories 2,000	2,500
Total Fat	Less than 65 g	80 g
Saturated Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fibre	25 g	30 g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

At Funster Natural Foods we know frozen foods!
We've been suppliers to Specialty Food Retailers
and Premium Foodservice providers in the US,
Canada and export markets - for over 40 years.

Funster Fries are the original potato letters
that kids love – great tasting and healthy.
Funsters are natural, with no preservatives,
no additives and no trans fats. For kids,
learning their ABCs has never
been more fun!



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